

TYPES OF MUTUAL AID

LABOR RESOURCES

- *Childcare Collectives
- *Support with appointments
- *Community Kitchens
- *Shopping and deliveries
- *Ride shares
- *Translation services
- *Repairs

PHYSICAL RESOURCES

- *Food banks
- *Tool shares
- *Seed shares
- *Community gardens

COMMUNITY ACTIONS

- *Rapid response networks
- *Disaster relief
- *Bail funds
- *Legal resources

SAFETY

- *Temporary housing
- *Health care funds
- *Information gathering and distribution

The list is truly infinite!

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YOU ARE NOT ALONE



The system is the problem, not the people being targeted by it. It is a radical act to bypass the system to help your neighbor directly. This is known as mutual aid and it's all about supporting one another, without conditions, rather than letting institutions dictate who deserves support.



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RESOURCES



mutualaidhub.org



Map to find networks near you



foodnotbombs.net



Free vegan meals



littlefreepantry.org



Free food and necessities



littlefreelibrary.org



Free books



bigdoorbrigade.com



Mutual Aid Toolbox



Further Reading



"Mutual Aid: Building Solidarity During This Crisis" by Dean Spade



"Mutual Aid: A Factor of Evolution" by Peter Kropotkin



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PRINCIPLES OF MUTUAL AID



Everyone deserves love, care, and access to life's necessities.

We recognize that people have different abilities, skills, and needs.



We show up for each other in the times and by the means that we can.

HOW DO YOU GET INVOLVED



Find the overlap and that's your actionable mutual aid.

Connect with your community to find:

- People who are already doing this work.
- People who could use your help.
- People who could help you.

Involve friends, neighbors, family, and even new connections!



ARE YOU
OVERWHELMED
IRATE
SCARED?

GO FROM PASSIVE
OBSERVER TO A
BUILDER OF
THE WORLD WE NEED

