



ALL WE
HAVE IS
EACH
OTHER

MUTUAL
AID

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ARE YOU
OVERWHELMED
IRATE
SCARED?

GO FROM PASSIVE
OBSERVER TO A
BUILDER OF
THE WORLD WE NEED



YOU ARE NOT ALONE



The system is the problem,
not the people being
 targeted by it. It is a
radical act to bypass the
system to help your neighbor
directly. This is known as
mutual aid and it's all about
supporting one another, without
conditions, rather than
letting institutions dictate
who deserves support.



HELP
GOES
BOTH
WAYS



PRINCIPLES OF MUTUAL AID



Everyone deserves love, care, and access to life's necessities.

We recognize that people have different abilities, skills, and needs.



We show up for each other in the times and by the means that we can.

TYPES OF MUTUAL AID

LABOR RESOURCES

- * Child care Collectives
- * Support with appointments
- * Ride shares
- * Translation services
- * Community Kitchens
- * Shopping and deliveries
- * Repairs

PHYSICAL RESOURCES

- * Food banks
- * Tool shares
- * Seed shares
- * Community gardens

COMMUNITY ACTIONS

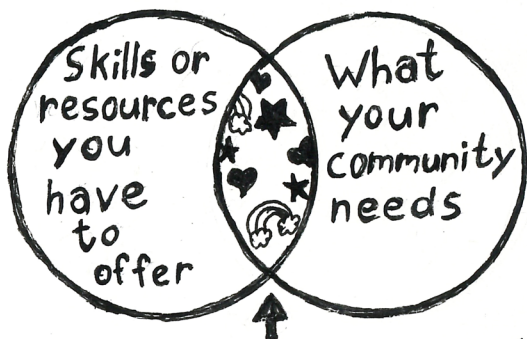
- * Rapid response networks
- * Disaster relief
- * Bail funds
- * Legal resources

SAFETY

- * Temporary housing
- * Health care funds
- * Information gathering and distribution




The list is truly infinite!

HOW DO YOU GET INVOLVED



Find the overlap and that's your actionable mutual aid.

Connect with your community to find:

-  People who are already doing this work.
-  People who could use your help.
-  People who could help you.

Involve friends, neighbors, family, and even new connections!

RESOURCES



mutualaidhub.org



Map to find networks near you



foodnotbombs.net



Free vegan meals



littlefreepantry.org



Free food and necessities



littlefreelibrary.org



Free books



bigdoorbrigade.com



Mutual Aid Toolbox



Further Reading



"Mutual Aid: Building Solidarity During This Crisis" by Dean Spade



"Mutual Aid: A Factor of Evolution" by Peter Kropotkin



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